## TOASTMASTERS

## Become an effective speaker

With Toastmasters, you can learn the skills required to improve your public speaking and communication skills. In this safe and supportive environment, you can practice giving prepared and impromptu speeches and receive structured feedback.

## Along the way, you will:



Network with coworkers



Improve presentation skills



Gain confidence when speaking



Feel empowered to reach personal and professional goals

Join us at our next meeting to learn more!

Meeting date and time:

Location:

Contact: